



Is having another retreat a dream?

Is having another retreat a dream? We at Nirodha always had many events; pilgrimage retreats to India, long retreats in Thailand, and many smaller retreats in Sri Lanka and the rest of the world. Before 2016 Nirodha held retreats on 4 continents regularly. The calendar of Nirodha ran confirmed retreats for at least two years in advance. After 2016 when we decided to stop teaching due to the ordination of Bhikkhu Samādhikusalā there was a sudden stop on all retreats. However, retreats restarted in 2017 and grew steadily till the 2019 Pandemic. Now with the economic crisis in Sri Lanka, the Retreats have come to a halt again. International travel is also not what it used to be. We managed to conduct one retreat in Sri Lanka at the beginning of this year, but now the question remains: is the next Retreat only a dream and not a reality